

## GUIDANCE FOR APPLICANTS

- Please ensure that all items are appropriately & accurately completed.
- Every competitor must have a current licence. Those without a valid licence / Insurance are not permitted to compete.
- Failure to comply with any requirement will result in permission either being withheld or withdrawn from you.

## Sparring Categories

	Micro	Light	Welter	Middle	Heavy	Hyper
<b>Senior Over 40 Years</b>						
Male	- 58Kg	- 64Kg	- 70Kg	- 76Kg	- 82Kg	82Kg +
Female	- 50Kg	- 55Kg	- 60Kg	- 65Kg	- 70Kg	70Kg +
<b>Adult 18 - 39 Years</b>						
Male	- 58Kg	- 64Kg	- 70Kg	- 76Kg	- 82Kg	82Kg +
Female	- 50Kg	- 55Kg	- 60Kg	- 65Kg	- 70Kg	70Kg +
<b>Under 18's (14 – 17yrs)</b>						
Male	- 50Kg	- 55Kg	- 60Kg	- 65Kg	- 70Kg	70Kg +
Female	- 45Kg	- 50Kg	- 55Kg	- 60Kg	- 65Kg	65Kg +
<b>Under 14's (12 – 13rs)</b>						
Male	- 40Kg	- 45Kg	- 50Kg	- 55Kg	- 60Kg	60Kg+
Female	- 35Kg	- 40Kg	- 45Kg	- 50Kg	- 55Kg	55Kg+
<b>Kids Kicker 7 - 11 Years</b>						
Male	- 110Cm	- 120Cm	- 130Cm	- 140Cm	- 150Cm	150Cm +
Female	- 110Cm	- 120Cm	- 130Cm	- 140Cm	- 150Cm	150Cm +

PLEASE NOTE: THE WEIGHTS ABOVE ARE CORRECT UP TO THE CURRENT INFORMATION AVAILABLE FROM THE ITF.

### APPLICATION CHECK LIST

1. Insurance Current and Correct
2. Instructors Approval
3. Parent / Guardian Approval
4. Form completed
5. Fee Attached
6. If sparring I have Red and Blue pads at my disposal
7. Have identified my Division / Category
8. Entered YES or NO for Patterns / Special / Kids Flying Technique/ Power
9. There are no medical reasons why I should not compete

Once the above list is complete you may hand in all items to your instructor. Any items missing or incorrect will result in the application being delayed and possibly declined. It is yours not the instructors to ensure that this is not the case. Queries should be directed towards your instructor, alternatively you can contact Head Office on 01895 459947.